



DO YOU HAVE DIABETES?
ARE YOU PRE-DIABETIC?
LEARN HOW TO PREVENT
COMPLICATIONS AND
LEAD A HEALTHY LIFE!

diabetes education

Mondays from 6 -8pm | 3226 Maybank Hwy, Building #C,
Johns Island | FREE CLASSES

March 18: Understanding Diabetes /
Healthy Eating I

March 25: Healthy Eating II / Exercise

April 1: Medications / Preventing
Complications

-FREE AND OPEN TO THE PUBLIC-

Call **843-266- 9800** to Register. You do not need to
be a patient at the clinic to attend. Spread the word!